

**General Specifications**

Horizontal bars and women's rails conform to Olympic F.I.G. specifications.

Stainless steel bars are high tensile to conform to Olympic F.I.G. specifications.

Fibreglass rails have a timber veneer on outer surface to improve grip.

Superwood rails are made from densified beech veneer with steel cable insert to improve strength.

**Competition type:** Steel tubular uprights with removable threaded height adjusting pins allow adjustment from 1540mm to 2740mm in 50mm increments.

**Training type, club or single bar:** RHS uprights are 50mm square. Bars and rails have 'U' shape fitting with toggle pins that locate the holes in the uprights. Height adjusts from 345 to 2545 in increments of 100mm. Floorplates A6-7 locate the bottom of the uprights.

**Freestanding:** These consist of a bar, two uprights and four cables. Floor plates must be ordered separately.

**Wall hinged:** These consist of a bar, two uprights, one being fixed to the wall and floor, two cables and two floorplates A6-1, plus a wall storage bracket to hold upright against the wall when not in use.

**Ordering**

- Select the type required
- > competition or training
- > free standing or wall hinged
- > type of bar
  - stainless steel
  - women's fibreglass or superwood
- > type of floorplates to suit the floor.

**Installation**

Please provide drawings of the building -

- a) floor plan
- b) internal elevations
- b) section of floor and walls.

ACROMAT's trained engineers will design and supply all fittings required for installation.

**Safety**

Check bars and all fittings regularly. Ensure they are in good condition and safe to use.

**1**  
A7-1 **Horizontal Bar - Olympic**  
The bar attaches to chrome plated ACROMAT swivel head system on adjustable height upright. The cables are plastic coated for additional safety and connect to 12mm turnbuckles for tensioning. Floor plates must be ordered separately.

**1a**  
A7-11 **Crossbar - Stainless Steel**  
For A7-1 & A7-2.

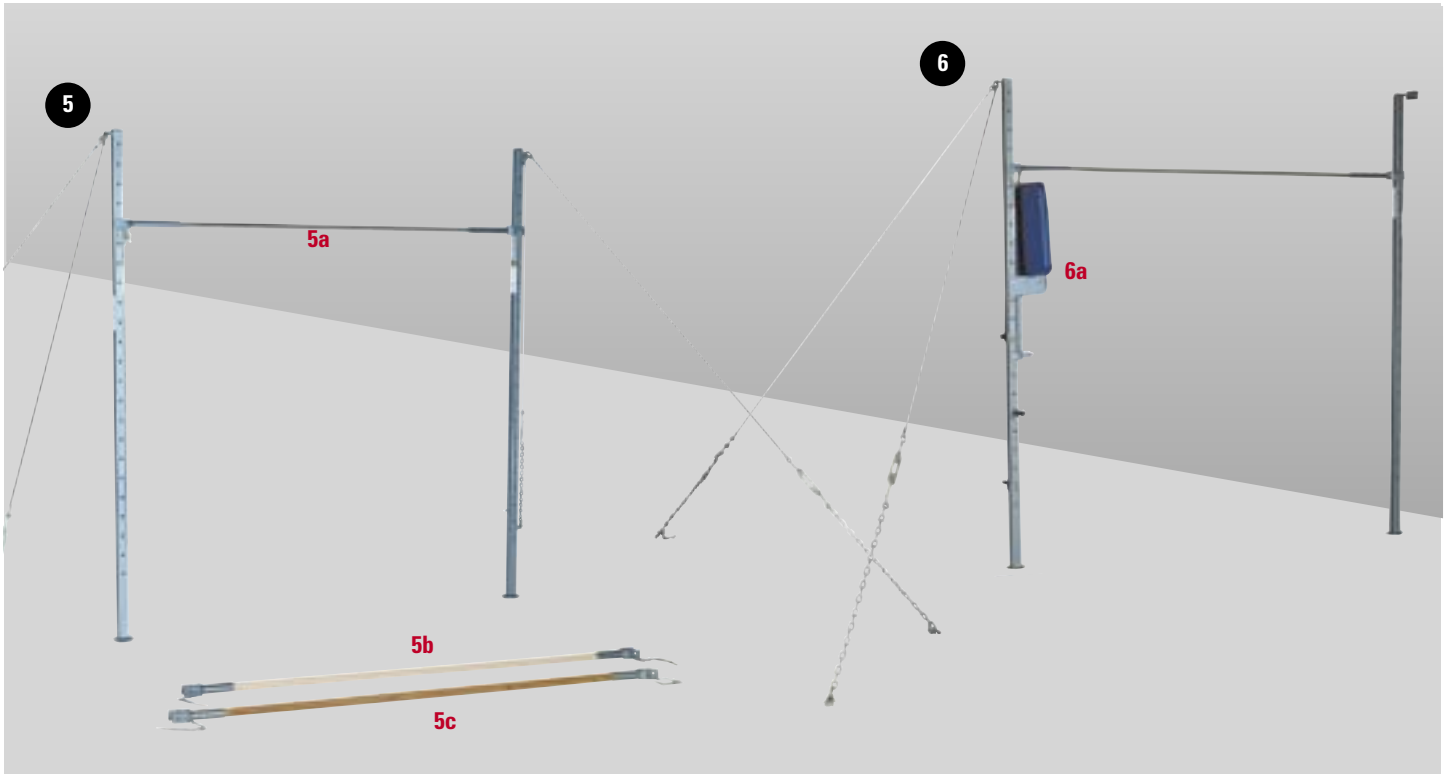
**1b**  
X6-12 **Foot - Rubber - Replacement**  
For A7-1 and A7-2.

**2**  
A7-101 **Horizontal Bar - Olympic/F.I.G. Approved**  
International standard. Similar to A7-1 but with high performance bar and swivel head fittings.

**3**  
A7-2 **Horizontal Bar - Wall Hinged**  
Competition type system. Plain galvanised cables and floor plates A6-1 supplied.

**3a**  
A7-4 **Spotting Platform**  
The padded platform, 500mm x 500mm is mounted on a steel frame which clamps to an ACROMAT horizontal bar or uneven bar upright and can be set at any height. An additional base fitting is required to prevent the upright from turning on the A7-1 and A7-2.

**4**  
A7-45 **Single Bar Rail End**  
Replaces the fitting on A7-1 horizontal bar uprights when using A9-13 fibreglass or A9-54 superwood women's rails.



**5**  
A7-32 **Horizontal Bar - Club Model, with Stainless Steel Bar - Free Standing**

A7-39 **Single Bar with Women's Fibreglass Rail - Free Standing**

A7-40 **Single Bar with Women's Superwood Rail - Free Standing**

A7-27 **Combination Horizontal Bar & Women's Superwood Rail - Free Standing**

A7-28 **Combination Horizontal Bar & Women's Fibreglass Rail - Free Standing**

**5a**  
A7-20 **Crossbar - Stainless Steel, 50 Sq Ends - Replacement**

**5b**  
A7-25 **Rail - Women's Fibreglass - 50 Sq Ends - Replacement**

**5c**  
A7-48 **Rail - Women's Superwood, 50 Sq Ends - Replacement**

**6**  
A7-19 **Horizontal Bar - Club Model, with Stainless Steel Bar - Wall Hinged**

A7-42 **Single Bar - Women's Superwood Rail - Wall Hinged**

A7-41 **Single Bar - Women's Fibreglass Rail - Wall Hinged**

A7-29 **Combination Horizontal Bar & Women's Superwood Rail - Wall Hinged**

A7-30 **Combination Horizontal Bar & Women's Fibreglass Rail - Wall Hinged**

**6a**  
A7-9 **Access Platform - Tilt Up**  
The padded platform, 500mm x 500mm is mounted on a steel frame and is spring loaded to tilt up when not in use. It attaches to holes in 50mm square uprights of single and horizontal bars and can be positioned on either side or in line with the bar. Access pegs included.

**7**  
A7-38 **Single Bar on Stands**  
Designed for handstand and balancing training. Timber bar, 1800mm long on tubular stands 300mm above the floor. Rubber feet X6-11 protect the floor.

**7a**  
X6-11 **Foot - Rubber - Replacement**  
Non marking ribbed rubber.

**8**  
A7-60 **Single Bar - Portable, Height Adjustable**  
Ideal for primary school and recreation use for indoors and outdoors. Uprights support single bar of 34mm D pipe x 1200mm long. Easy grip for small children. Rubber feet X6-11 protect the floor. Dismantles easily for storage. Adjustable height 1800, 1500, 1200, 900 and 600mm. Recommended maximum weight child - 40kg.